

Recovery Support Services

Peer Recovery Coach Services -

NMSAS Recovery Center offers trained peer recovery coaches that help provide support to individuals during the recovery process. For more information call (989)732-1791.

Multiple Pathways - Recovery meetings that honor all pathways in living a alcohol and drug-free lifestyle. Go to youpickrecovery.org for more information and a directory of meetings.

For More Recovery Resources

go to:

drugfreenorthernmichigan.net

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Mission:

Develop managed care structures to support publicly funded behavioral health services.

Vision:

A healthier regional community living and working together.



Substance Use Disorder Services Guide

Phone: 800-834-3393

TTY 711

Fax: 231-439-0716

www.nmre.org

drugfreenorthernmichigan.net



How to Access Substance Use Disorder Services

The Northern Michigan Regional Entity (NMRE) is the Prepaid Inpatient Health Plan (PIHP) responsible for funding and coordinating care for Substance Use Disorder Services for individuals enrolled in Medicaid, the Healthy Michigan Plan, MICHild or who qualify for community grant funding, based on household income.

NMRE provides services within the following 21 counties in northern Michigan: Alcona, Alpena, Antrim, Benzie, Charlevoix, Cheboygan, Crawford, Emmet, Grand Traverse, Kalkaska, Iosco, Leelanau, Manistee, Missaukee, Montmorency, Otsego, Ogemaw, Oscoda, Presque Isle, Roscommon & Wexford.

Who Do I Call to See if I am Eligible for Services? Contact the Northern Michigan Regional Entity Access Center at **1-800-834-3393**. The Access Center staff is available to take your call 8:00 a.m.—5:00 p.m. Monday thru Friday. When you call you will be connected with a Care Manager who will ask you some questions and determine what services are appropriate for you and if you qualify for funding. If the Care Manager determines that you are eligible for ser-

vices funded through NMRE, a referral will be made to a treatment agency on the provider panel. This process typically takes up to 30 minutes over the telephone.

If a Care Manager is not available to immediately talk to you when you call, our staff will gather some information and your call will be returned as soon as possible.

All information you share with the Access Center is confidential and protected by two federal laws: the Health Insurance Portability and Accountability Action of 1996 (HIPAA) 45 CFR Parts 160 and 164 and the Confidentiality Law, 42 CFR Part 2. Your health information can only be disclosed without your consent in limited circumstances.

What if I have someone who I would like to refer to the Access Center for treatment? Care Managers must speak directly to the person in need of treatment services. If you have a person that you want to refer for services you can direct them to the Access Center. Care Managers are able to quickly and efficiently help an individual in accessing the appropriate service. Information about an individual's treatment can be shared with the referring agency if the individual chooses to sign a release of information form. Forms are made available to clients.

What Treatment Services are Available?

Medication Assisted Treatment, Short and Long-term Residential Treatment can be accessed through the NMRE Access Center after completing a brief screening with a Care Manager.

Outpatient - Therapy for individuals, family and groups provided in an office setting. Outpatient services may be accessed directly through the outpatient provider in your community.

Sub-acute Detox - Treatment for individuals who are withdrawing from alcohol or other drugs provided in a medical residential setting. Detox services can be accessed through the provider directly.

Women's Specialty Services - Provides treatment for trauma, sexual, physical and verbal abuse, as well as assistance with parenting and grief. Help with transportation and child care is also available if needed.

If you have questions about these services, or if you need additional information, please contact the Access Center at **1-800-834-3393**.